INFORMATION SESSIONS

**(Parents, teaching assistants, teachers, child-minders and all other interested parties very welcome.)**

**Sessions are 1:30 – 3pm, repeated 3:30 - 5pm, in the community room at**

**WITHYCOMBE RALEIGH CHURCH OF ENGLAND PRIMARY SCHOOL**

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| **Topic** | **Date** | **Notes** |
| **How ADHD affects executive functioning and vice versa**  Those who struggle to focus/ are disorganised / hyperactive or easily distractible may have ADHD or poor executive functioning. | **Friday 29th April** | **Looking at working memory, reasoning, organisation, time management, task initiation, flexibility, problem-solving as well as planning/prioritising and task completion.**  Games and activities to develop auditory memory. How to build attention, focus and concentration. Experienced retired Educational Psychologist co-presenting. |
| Sensory needs or Autism  - can you have one without the other? | **Friday 6th May** | WHAT ARE THE DIFFERENT TYPES OF SENSORY ISSUE, e.g. sight, hearing, touch, taste, smell, interoception, proprioception, balance, etc? Is my child **over- or under-sensitive** and how can you be both? Retired Educational Psychologist co-presenting ☺ |
| **Change and transition** | **Friday 13th May** | Change is more difficult for those who have already suffered loss through **divorce**, death, domestic violence, frequent house moves, family illness or other stresses. **Also** ideas to help prepare children with SEND for transition to the next year group.  Retired Educational Psychologist co-presenting ☺ |
| What can I do with the child who pushes my buttons? | **Friday 20th May** | Children who try to get their needs met in **challenging** and unhelpful ways. Why does my child ‘misbehave’? (mistaken goals of behaviour) Also looking at the effect of **shame** and how to avoid it as well as building resilience. |

**PLEASE NOTE, DUE TO SOCIAL DISTANCING WE WILL LIMIT NUMBERS TO 8 ATTENDEES**

**SO BOOKING WILL BE FIRST COME, FIRST SERVED ON THE NUMBER/EMAIL BELOW.**

☺ NO CHARGE – REFRESHMENTS INCLUDED! ☺ PLEASE LET US KNOW IF YOU WOULD LIKE OTHER TOPICS ☺

To book a place or ask for further information, please ring 01395-263397 ext 2 (do leave a message) or email [chollingsworth@wrpschool.org](mailto:chollingsworth@wrpschool.org) . Thank you.