

January 2020

RECIPE	Cereals Contains Gluten	Celery	Crust- aceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Pea- Nuts	Sesame Seeds	Soya	Sulphur Dioxide
MAINS														
Butchers Jumbo Sausage	Yes	Yes							Yes					Yes
Quorn Dippers MJB	Yes			Yes			Yes							
Pizza, Cheese & Tomato	Yes						Yes							
Vegetable Ravioli S	Yes													
BLT Bread Pocket MJB	Yes			Yes										
Roast Gammon														
Vegetarian Roast	Yes			Yes										
Beef Bolognese Sauce														
Vegetarian Bolognese	Yes												Yes	
Coronation Chicken & Lettuce Roll	Yes								Yes			May	Yes	
Chicken Goujons S	Yes													
Salmon Bites S	Yes				Yes									
Ham & Salad Roll	Yes											May	Yes	
Macaroni Cheese	Yes						Yes							
Vegetarian Burger MJB	Yes						Yes		Yes					
Creamy Chicken Pie	Yes						Yes							
Vegetarian Nuggets S	Yes													
Potato Skin, Tomato & Cheese MJB							Yes							
Butchers Pork Sausage	Yes	Yes							Yes					Yes
Linda McCartneys Veggie Sausage	Yes												Yes	Yes
Butchers Meatballs in Tom Sauce	Yes	Yes											Yes	Yes
Pasta Neapolitan	Yes						May							
Chicken Fajita Pasta Pot	Yes													
Fish in Breadcrumb S	Yes				Yes									
Pizza Baguette S	Yes						Yes							

