

Week 1Weeks commencing:
14 Sept, 5 Oct, 2 Nov, 23 Nov, 14 Dec**Week 2**Weeks commencing:
21 Sept, 12 Oct, 9 Nov, 30 Nov**Week 3**Weeks commencing:
28 Sept, 19 Oct, 16 Nov, 7 Dec**Monday**

(1) Crispy Sausage Roll
(gluten, celery, mustard, sulphur dioxide, may contain milk & egg)

(2) Jacket Potato with Tuna Mayo
(Tuna – fish, egg, mustard)
served with

Potato Wedges & Baked Beans

Vanilla Shortbread Biscuit & Water Bottle
(Biscuit – gluten)

Monday

(1) Chicken Goujons
(gluten may contain celery, soya, milk or mustard)

(2) Jacket Potato with Tuna Mayo
(Tuna – fish, egg, mustard)
served with

Saute Potato Slices & Peas

Marble Shortcake Biscuit & Water Bottle
(Biscuit– gluten)

Monday

(1) Butchers Pork Burger in a Soft Roll
(Burger – gluten, soya, sulphur dioxide /Bun – gluten, may contain sesame)

(2) Jacket Potato with Cheese
(Cheese – dairy)
served with

Pasta, Sweetcorn
(Pasta – gluten)

Oaty Biscuit & Water Bottle
(Biscuit – gluten)

Tuesday

(1) BBQ Chicken with Pasta
(Chicken – gluten/Pasta – gluten)

(2) Jacket Potato with Baked Beans
(no allergens)
served with

Sweetcorn

Iced Sponge Cake & Water Bottle
(Cake – gluten, egg)

Tuesday

(1) Healthy Breakfast – Sausage/Bacon/Hash Browns
(Sausage – gluten, celery, mustard, sulphur dioxide)

(2) Jacket Potato with either Cheese
(Cheese – dairy)
served with

Baked Beans

Sponge Cake & Water Bottle
(Cake – gluten, egg, may contain dairy)

Tuesday

(1) Jumbo Fish Finger
(fish, gluten)

(2) Jacket Potato with Baked Beans
(no allergens)
served with

Herby Diced Potatoes & Peas
(Potato - gluten)

Chocolate Iced Cake & Water Bottle
(Cake – gluten, egg)

Wednesday

(1) Roast Gammon
(no allergens)

(2) Jacket Potato with Cheese
(Cheese – dairy)
served with

Roast Potatoes & Vegetables

Jam Doughnut & Water Bottle
(Doughnut – soy, gluten, may contain milk, egg, sesame)

Wednesday

(1) Roast Chicken Breast in Gravy
(Gravy – gluten, soya)

2) Jacket Potato with Baked Beans
(no allergens)
served with

Mash Potato & Vegetables

Cocoa Brownie & Water Bottle
(Brownie – gluten, egg)

Wednesday

(1) Sausages & Gravy
(Sausage – gluten, celery, mustard, sulphur dioxide/Gravy – gluten, soya)

2) Jacket Potato with Cheese
(Cheese – dairy)
served with

Roast Potatoes & Vegetables

Flapjack Slice & Water Bottle
(Flapjack – gluten)

Thursday

(1) Bolognese Sauce, Pasta & Garlic Bread
(Pasta – gluten/Garlic Bread – gluten, may contain soya & milk)

(2) Jacket Potato with Baked Beans
(no allergens)
served with

Peas

Muffin & Water Bottle
(Muffin – gluten, eggs)

Thursday

(1) Meatballs in a Tomato Sauce with Cheese & Pasta
(Meatballs – gluten, celery, soya, sulphure dioxide/Pasta – gluten/Cheese - dairy)

(2) Jacket Potato with Tuna Mayo
(Tuna – fish, egg, mustard)
served with

Sweetcorn

Custard Biscuit & Water Bottle
(Biscuit – gluten)

Thursday

(1) Cheese & Tomato Pizza Baguette
(Baguette – gluten/Cheese dairy)

(2) Jacket Potato with Tuna Mayo
(/Tuna – fish, egg, mustard)
served with

Potato Wedges & Peas

Vanilla Muffin & Water Bottle
(Muffin – gluten, egg)

Friday

(1) Oven Baked Fish in Breadcrumbs
(Fish, gluten)

(2) Gammon Ham Baguette
(Baguette – gluten, may contain dairy)

served with

Crispy Fries & Vegetable Sticks

Chocolate Biscuit & Apple Juice or Water Bottle
(Biscuit – gluten, may contain egg)

Friday

(1) Oven Baked Fish in Breadcrumbs
(Fish, gluten)

(2) Egg Mayo & Cress Roll
(Egg mayo – egg, mustard/Roll – gluten may contain sesame)
served with

Crispy Fries & Vegetable Sticks

Sultana Muffin & Chocolate Milkshake or Water Bottle
(Muffin – gluten, eggs/Milkshake – dairy)

Friday

(1) Oven Baked Fish in Breadcrumbs
(Fish, gluten)

(2) Chicken Mayo & Lettuce Wrap
(Wrap – gluten/Chicken Mayo – egg, mustard)
served with

Crispy Fries & Vegetable Sticks

Crispy Biscuit & Apple Juice Carton or Water Bottle
(Biscuit - gluten)

DAIRY ALLERGIES – Cheese will be omitted on appropriate**DESSERTS** – yoghurt pot, fruit & jelly pot or fresh fruit is also available as an alternative to main choice.**VEGETARIAN** – A vegetarian option is available on request daily