

Here's what's on near you:

Cockwood Primary School Gymnastics Club!All years welcomeMor





## This is just about the coolest thing you can do for your children.

They'll love keeping active, having fun and learning new skills with our before school, lunch time and after school clubs!

The NHS requires children to have 60 minutes of physical activity per day to stay healthy. With Premier, they can do this by taking part in a range of sport, arts and wellbeing activities!

## Benefits for your child:

Try new activities and make new friends



Learn transferable skills for the future



Stay focused & alert for their lessons



Develop confidence, creativity and self-esteem

Most importantly, they'll have so much fun!

All of our Activity Professionals maintain links to local clubs and associations, giving children a route to develop and diversify their skills. Identifying the stars of the future can enable them to get the right support and encouragement at an early age.



## Don't delay, book today.